



WOODLAND

THE EXPERIENCE

**A DAY IN THE WOODS
EVENT GUIDE**

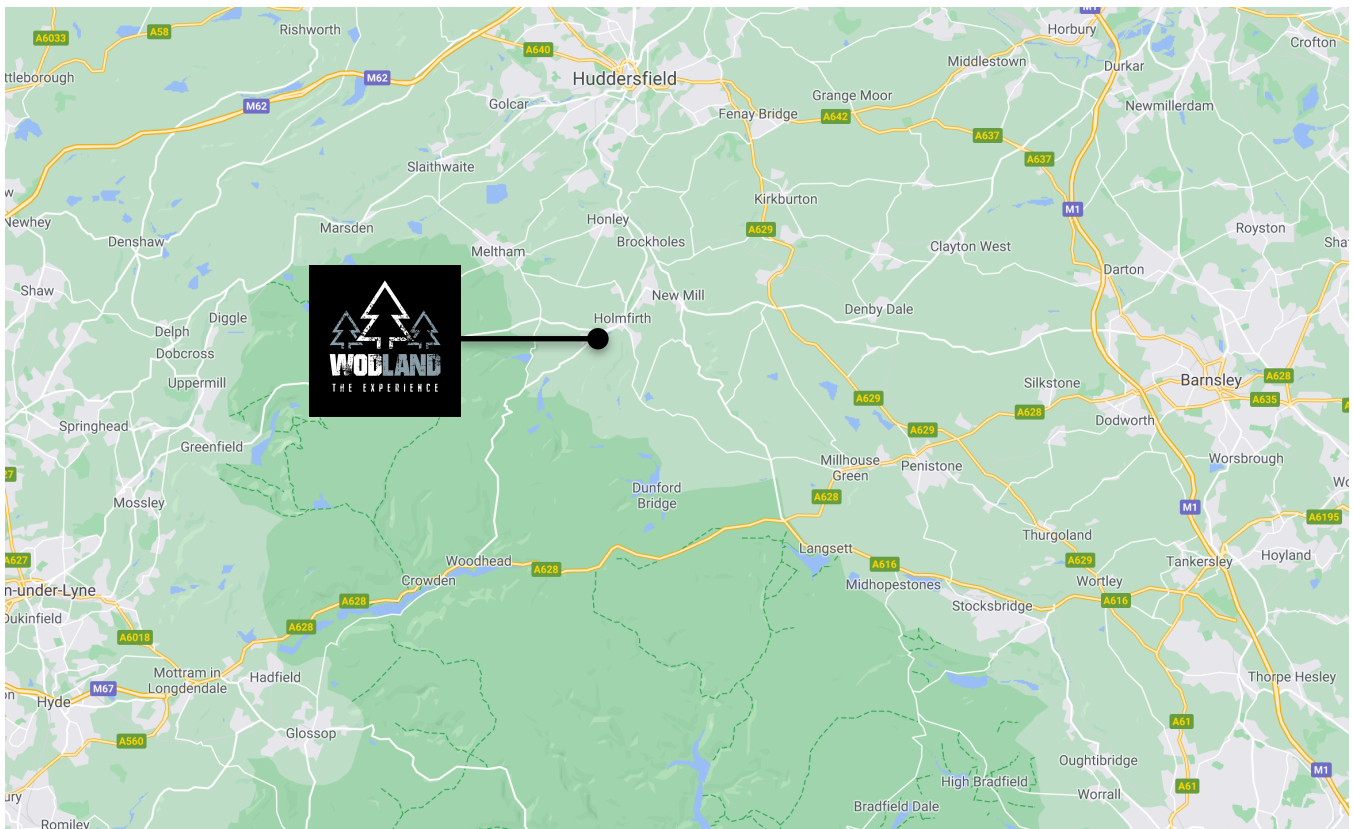
**Please read the following
information to find out all you need
to know before arriving.**

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1. DIRECTIONS & PARKING

The Postcode (HD9 2DE) for WODland HQ will NOT take you directly to the Forest. It will bring you close by. So please make sure you look out for the Forest. At the top gate (silver) you will see the WODland flags flying, along with a WODland Ranger.



ADDRESS

Holme Styes Wood
Bare Bones Road
Holmfirth
Huddersfield
West Yorkshire
Near: HD9 2DE

DIRECTIONS

Arriving from the South (M1);

- Turn off the M1 at Junction 25A for the A616.
- Keep following this road until you have gone straight across 3 roundabouts.
- Turn Left on to Bents Rd - B6106.
- Keep going until you go past The Fox House Pub.
- Turn Left on to Law Common Rd.
- Stay on Law Common Rd until you come to a cross roads.
- You will pick up Signs for WODland at this Cross Roads.
- Go Straight across the cross roads and you will begin seeing the Forest on your right.
- Entrance is through the "Silver Gate". You will see the WODland flags flying.

Arriving from the North (M1 / A1);

- Turn off the M1 at Junction 39 for Denby Dale - A636.
- Go around the roundabout signed posted Denby Dale, A636.
- Stay on the A636 until you arrive at a roundabout.
- Go straight over.
- Keep following through a village called Scissett.
- Keep going through Denby Dale.
- The A636 till turn into the A635.
- Keep going until you come to the sovereign cross roads, with the sovereign pub in front of you and the petrol station on your right.
- Turn Right then straight away LEFT on to A635 Holmfirth Rd.
- You will come down in to New Mill. Arriving at the T junction.
- Turn Right - signed for Holmfirth. A635 - New Mill Rd.
- Follow down in to the Village of Holmfirth.
- At the zebra crossing, turn left up Dunford Rd - B6106.
- Follow up the hill until you come to the brow of the hill at Hade

Edge.

- Turn Right into Hade Edge and drive through the village.
- You will pick up Signs for WODland.
- At the cross roads turn Right.
- You will begin seeing the Forest on your right.
- Entrance is through the "Silver Gate". You will see the WODland flags flying.

Arriving from Manchester;

- Head out of Manchester on the M67.
- Head out towards Tintwistle and on to the Woodhead Rd - A628.
- Follow all the way until you get to a left turn for Dunford Bridge.
- Follow down in to Dunford Bridge.
- Turn Left on to Dunford Rd.
- Stay on Dunford Rd until you come to a cross roads.
- You will pick up Signs for WODland at this Cross Roads.
- Turn LEFT the cross roads and you will begin seeing the Forest on your right.
- Entrance is through the "Silver Gate". You will see the WODland flags flying.

EVENT PARKING

Parking will be on site, right next to the arena. You will be met by two of our WODland rangers at the top of the forest. Once they have checked your temperature, you will be asked to drive down the track to WODland HQ. This track is an off-road gravel track, therefore please drive with caution. WODland does not take any responsibility for damage to your vehicle.

You will arrive in the centre of the forest with some old stone buildings on your right hand side. Drive past there for another 100 meters. On your left, you will see the WODland flags. Turn left through the gate and continue to drive up into the arena. There will be another WODland ranger to meet you and help park.

*** Please note: Parking is NOT permitted anywhere else on the site / roads leading to the event / outside of the designated parking area. Cars outside of the main area may be towed to ensure all access routes remain open at all times. ***

Your car is left at our own risk. WODland is not liable for any damages to your car. Any valuables left in your vehicle is left at your own risk. (please refer to our Terms and Conditions on the website for more info.)

Please respect our WODland Park Rangers who will be helping park on the day. Let them guide you to park in an orderly manor. This will help with making sure everyone can park correctly, whilst making exiting easier.

2. PARTICIPANTS

PARTICIPANTS' ARRIVAL

Participants should aim to arrive **at gam**.

At the top gate, one of the WODland Rangers will temperature check you before entering the forest. They will also make sure you have filled in and completed our online waiver. **IF you fail to do either, or record a high temperature, you will be asked to leave and denied entry.** Safety to our staff and other participants is paramount.

If you have booked your “Refuel Yourself” package. This will be ready for you on arrival.

Everyone will receive a welcome pack on their arrival containing all the necessary information for the weekend, along with some extra's from our sponsors —including details of all WODs.

PARTICIPANTS REGISTRATION

We will aim to make sure everyone has arrived between gam and 10am for when we will start the day. Within this hour, it will be a great chance to meet the other participants for the day. Enjoy your breakfast (if pre-bought from our local vendor).

3. PARTICIPANT KIT

It is recommended that all participants bring with them:

- **CLOTHES FOR ALL WEATHERS.** Including waterproofs, warm clothes, and spare clothes.
- **A CHANGE OF SHOES.** Trail running shoes are advisable, as well as comfortable shoes to wear during the WODs.
- **BUG SPRAY.** You are within a forest and it is prone to midges, flies & insects. It is advised to bring some spray / cream with you to help prevent anything and allow you to have an enjoyable weekend.
- **SUN CREAM AND UMBRELLAS.** Good or bad, hot or cold—we can't guarantee what the weather will be like in Yorkshire, so best be prepared for all extremes!
- **PLENTY OF WATER.** Your welcome pack will include some free Buxton Water, care of one of supporters. There will also be Red Bull provided for you to take. But please note, WODland takes place in the middle of a forest—so there will be no access to running drinking water on site.
- **GLOVES.** Not mandatory, but they may come in handy during workouts for lifting or holding. You can wear these and you wouldn't be marked down. It is not seen as an aid or cheat.
- **CHALK.** Unfortunately we will not be able to provide chalk on

the day, due to COVID-19. However, we do recommend that you bring your own. Powered, or liquid is fine.

PARTICIPANTS CONDUCT

- Please treat the WODland site and your fellow participants with respect.
- Please remember, WODland operates on a working forest and farm site. The arena and all access routes will be clearly signposted, **so please stick to the signposted routes only and do not wander off elsewhere on site**—we wouldn't want you getting lost in our forest!
- Please do not litter.
- No anti-social behaviour permitted.
- Set a good example to others.
- Encourage and support others.
- Abide by the WODland rules.

Any participants seen to break any rules will be asked to leave.

4. TOILETS

There will be a toilet which we have hired in for the day. There will be hand sanitiser outside and inside. Please clean your hands before entering and after.

We would ask that all participants leave the toilets how they found them. Please be respectful of the site and our facilities.

5. PHOTOGRAPHY

We will be taking pictures of you all working out all day. These pictures will be available on all Social Media platforms after the event.

*** Please note, if you see a picture that you are not comfortable with, let us know and we will remove it for you—but we're sure you won't be disappointed! ***

6. FIRST AID

There will be a first aid present during the day for any issues that might arise.

The nearest A&E is located in Huddersfield.

Huddersfield Royal Infirmary, Acre Street, Huddersfield, West Yorkshire, HD3 3EA.

5.9 miles from Holmfirth.

7. LIABILITY DISCLAIMER

While WODland will do its best to satisfy customer requirements, the company—at its discretion—reserve the right to withdraw any advertised services and to cancel any bookings made for clients, in which event no liability in respect of such cancellations shall fall on the company, save that the company shall refund any monies already paid in respect of bookings so cancelled.

Liability is not accepted by the company for accidents to clients and their guests, or for the loss or damage to personal property.

For more information about our terms and conditions, please visit our website.

Thank you.

You Stay Classy WODland